

## Footcare clinic locations

**Brighton Community Health Centre**  
27 Green Point Road, BRIDGEWATER 7030

**Clarence Integrated Care Centre**  
16 Bayfield Street, ROSNY PARK, 7018

**Cygnnet Community Health Centre**  
1 Frederick Street, CYGNET 7112

**Glenorchy Health Centre**  
404 Main Road, GLENORCHY 7010

**Huonville Community Health Centre**  
6 Sale Street, HUONVILLE 7109

**Kingston Community Health Centre**  
6 Goshawk Way, KINGSTON 7050

**New Norfolk Community Health Centre (In District Hospital)**  
Circle Street, NEW NORFOLK 7140

**Sorell Community Health Centre**  
57 Cole Street, SORELL 7172

**Spring Bay Community Health Centre**  
5 Esplanade Street, TRIABUNNA 7190

*Respectful, Caring and  
Approachable*

## Contact Details

Podiatry South  
Level 5, 70 Collins Street  
Hobart

Hours: Monday to Friday  
8.00am – 4.30pm  
Telephone: 03 6166 2600  
Fax: 03 6234 5568

### Tasmanian Health Service (THS)

The THS integrates acute, primary and community services. This integration has given service providers the flexibility to ensure people have the best services we can provide, as close as possible to where they live.

The THS includes Tasmania's largest hospital and referral centre plus a range of rural hospitals, multi-purpose and community health centres, supported by a wide range of community-based services.

THS welcomes feedback from patients and visitors to help us better understand your needs and improve care. Contact the Consumer Liaison Unit on (03) 6166 8154.



Tasmanian Health Service Buildings are smoke-free sites.



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Allied Health – Podiatry – Footcare Program - 20191101

## PODIATRY SOUTH

# Footcare Program

Consumer Information Brochure

TASMANIAN  
HEALTH  
SERVICE



## Foot Care

Daily foot care is part of looking after your general health to help keep you active. Most foot problems can be avoided with regular care. If you do have a problem it is important to seek help, especially if you are living with diabetes, arthritis or other chronic health conditions.

You may be able to care for your feet yourself or you may need the help of a support person, carer or family member.



## What is the Footcare Program?

The Footcare Program provides basic foot care such as nail care, foot hygiene and general footwear advice. This program is funded by the Australian Government, through the Commonwealth Home Support Program (CHSP) and is provided by a Podiatry Assistant.

## Who is a Podiatry Assistant?

Podiatry assistants work in the Tasmanian Health Service (THS), Podiatry South Department and are trained to provide basic foot care services. The podiatry assistant is not a podiatrist and cannot diagnose or treat complex foot conditions.

## How do I access the Footcare Program?

To access the Footcare Program you must be referred to the Podiatry South service by a doctor, community nurse or allied health professional. You will then be assessed by a podiatrist to see if you are eligible for the Footcare Program. If eligible, you will also need to be registered with My Aged Care. The podiatrist will provide details about registration.

Referrals are screened and prioritised based on your level of need and urgency. Waiting periods apply for the THS Podiatry service.

## How do I get an appointment?

If you are eligible for the Footcare Program, an appointment will either be provided at the time of the assessment or sent to you in the mail with the location, date and time of the appointment.

## How often will I be seen?

The podiatrist will assess your feet and discuss your foot health goals and provide a care plan that will be reviewed annually. The podiatrist will advise when appointments will be available within the limitations of the service.

## What if I need to be seen more frequently?

The Footcare Program has a limited number of appointments and you are encouraged to consider other services to support your foot health needs in between footcare appointments, eg carers, family members, nail technicians, community nurse footcare services. You can also discuss with your doctor if you are eligible for referral to private podiatry services under the Medicare Chronic Disease Management Program.

## What if I need to see the Podiatrist?

If you have any concerns about your feet, please advise the podiatry assistant or contact the Podiatry South service.