

# Zoledronic Acid Infusion Service

## Instructions for Patient

Your GP has sent a direct referral for a Zoledronic Acid Infusion to the RHH Ambulatory Care Centre.

You will receive notification of your appointment time directly from RHH ACC.

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### **Prior to appointment:**

- Please go to your local pharmacy and fill the Zoledronic Acid prescription prescribed to you by your GP.

### **On day of appointment:**

- Please **take** your Zoledronic Acid with you to appointment.
- Do **not** take NSAIDs on the day of your appointment.
- Do **not** take diuretics on day of appointment, if safe to do so.
- Drink **two** glasses of water **prior** to appointment time.
- Continue to maintain calcium and vitamin D levels by diet and/or supplements.

### **Post infusion:**

- Please use paracetamol for post infusion discomfort.
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